

# Matthew 6:25-34

## *Application Questions*

1. What are the top three things you are likely to worry about (food, clothing, housing, finances, career, retirement, relationship with God, other relationships, public speaking, witnessing, decisions, unforeseen circumstances, etc.)? How have these worry thoughts “choked” your productivity?
2. What are your personal takeaways from Jesus’ illustrations about the birds and the lilies? Can you think of any other illustrations from nature regarding God’s providence? How can this help you trust in God rather than being anxious?
3. When worry thoughts come, what are some productive ways we can deal with them? (Read Psalm 139:23-24; Proverbs 12:25, 15:22, 16:9, 21:5; Philippians 4:6-7.)
4. Do you agree that Matthew 6:33 is “The Grand Principle of Life”? Why or why not? How have you found God faithful to give you all that you need as you seek Him first? Consider a time when you put yourself first before God or others. How did it work out? How can Romans 12:1-2 help you keep your priorities straight?
5. How does it make you feel to know that every day has its own trouble (v. 34)? How can Paul’s experience with his “thorn in the flesh” help you find grace and power to overcome your daily troubles (2 Corinthians 12:7-10)?